Position Statement

Title: Genetic Testing and Personal Insurance Products in Australia

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Introduction

1. **Genetic information** includes personal medical history information, family medical history information and the results of individual or familial genetic or genomic tests.

2. **Genetic testing** may result in the diagnosis of a genetic condition or provide information about the chance of an asymptomatic person developing a genetic condition in the future.

3. **Genomic testing** includes whole exome and whole genome sequencing. It involves use of high-throughput, massively parallel sequencing methods.

4. This Position Statement provides the HGSA’s stance on the use of information obtained from genetic or genomic testing in the underwriting process for life, critical illness and income protection insurance products (“personal insurance products”). In this position statement, ‘genetic testing’ refers to all types of genetic testing, including genomic testing; and ‘genetic information’ refers to all types of information gained from genetic or genomic testing.

Pathways to obtaining genetic information

5. A schematic of the pathways to obtaining genetic information is provided at Appendix 1. As this shows, there are various types of genetic testing, which can be accessed for a range of reasons. Tests are accessed through both publicly-funded healthcare services and commercial providers, the latter of which may supply tests without involving a health professional.

6. Appendix 1 also shows the diverse findings that can arise from a genetic test. Current knowledge is used to interpret these findings. As knowledge develops, interpretation of findings can change, potentially altering their clinical significance. All of these factors can add complexity to underwriting (see also [16] below).
Insurance

7. Issuing many personal insurance products (mutually rated products) involves an assessment of the applicant’s individual risk factors, including their family history and personal health status. This process is known as ‘underwriting’. It is thought that less than 40% of Australians hold personal life insurance products; and less than 20% hold other personal insurance products.\(^i\)

8. Other insurance products, such as private health insurance and some forms of personal insurance provided by superannuation funds, are community rated. This means that policyholders pay the same premium regardless of their individual health status or risk factors.

9. Under section 21 of the Insurance Contracts Act 1984 (Cth),\(^ii\) all applicants for personal insurance products are required to disclose information to insurers that will be relevant to the insurer’s decision whether to accept the risk of insuring the individual. That is, insurance contracts must be made in ‘good faith’. In practice, this means that applicants for insurance must answer all questions posed by insurers honestly and fully.

Genetic information and insurance

10. In Australia, genetic information (defined in [1] above) may impact an individual’s ability to obtain personal insurance products, or increase the premium paid.

11. The request for, and use of, genetic information by insurers is governed by legislation and an industry policy. The Disability Discrimination Act 1992 (Cth)\(^iii\) prevents discrimination on genetic status. However, there is a wide exemption under section 46, which means that insurers are exempt from the prohibition on discrimination if they can substantiate an underwriting decision with reasonable data. Note that an applicant’s family medical history can also lead to an increase in premiums for personal insurance products.

12. The Financial Services Council (FSC) has published two voluntary industry Standards: a Genetic Testing Policy\(^iv\) and a Family History Policy.\(^v\) Both standards were updated in late 2016. These Standards are not binding and do not apply to insurers who are not members of the FSC. Under these Standards:
   a) An applicant for a personal insurance product should not be required to have a genetic test;
   b) Risk assessments associated with results of genetic testing should take into account the potential benefits of screening, early diagnosis or treatment;
   c) Clear reasons for underwriting decisions should be provided;
   d) If an application is rejected, alternative terms or products should be considered for offer instead;
   e) If requested, an applicant is required to disclose known genetic test results to the insurer, regardless of whether they were obtained via clinical testing, research (see also [22] & [23] below) or direct to consumer personal testing;
   f) If requested, an applicant is required to disclose any diagnosis of a genetic condition in a first-degree relative (i.e., a parent, sibling or child). However, an applicant is not required to disclose any relative’s predictive genetic test result.\(^vi\)
The HGSA’s position on using genetic information in insurance

**General considerations**

13. The usual aim of genetic testing is to obtain genetic information for the improved health and well-being of the individual being tested, or (in the context of research) to benefit the future health of the population. Genetic testing can also be undertaken to benefit another family member, such as testing to clarify a diagnosis or determine the significance of a gene change, known as a ‘genetic variant’, in the other family member (see also [18] below).

14. Long-term benefits to individuals, their families, the community and insurers result when genetic testing and subsequent risk-reducing behaviours or interventions can mitigate or ameliorate the consequences of inherited disorders.

15. While genetic testing may reveal an increase in an individual’s risk of developing a genetic condition, it can also serve to reduce or negate an individual’s risk compared to family history alone. This occurs when testing shows that the individual has not inherited a genetic variant present in other family members.

16. Even if genetic testing confirms an individual is at higher risk, it will usually be impossible to predict accurately the age of onset of the condition, its rate of progression, its severity, life expectancy, or whether the person will ever develop the condition.

17. The onset or severity of symptoms of many genetic conditions can be avoided or mitigated by changing health or lifestyle behaviours.

18. Individuals may choose to undergo genetic testing primarily for the benefit of other family members, electing not to receive results themselves.

19. Genetic discrimination has occurred in Australia and remains a significant concern of those seeking testing. Fears of insurance discrimination should not prevent individuals from accessing clinically indicated genetic testing.

20. The HGSA urges those developing curricula and other professional education materials involving genetic testing to incorporate materials relating to the ethical, legal and policy considerations relating to the use of genetic information in assessments for personal insurance products.

21. The HGSA urges the Australian Federal Government to take a more active role in regulating the use of genetic information in insurance, for example to ensure that any discrimination that does occur adheres to the relevant provisions of the *Disability Discrimination Act 1992* (Cth). The wide exemption granted by this Act should also be reconsidered.

**Use of genetic test results obtained in research**

22. The HGSA urges regulators and insurers not to require disclosure of genetic testing undertaken as part of a research project. Research studies are often exploratory, meaning that findings may not be replicated. There is also evidence that fear of insurance ramifications negatively impacts rates of research participation, which may harm implementation of genomics in the future.

23. Until genetic information gleaned from research is excluded, researchers and human research ethics committees should ensure that the potential implications of research participation for obtaining personal insurance products in the future are clearly explained to participants.
A moratorium is needed

24. The HGSA requests regulators and insurers implement a moratorium on the use of genetic test results, pending improved actuarial estimates of the impact of such information on adverse selection.

25. If an individual chooses to undergo genetic testing and receives a result that returns the individual to population-level risk they should be able to use this result to negate relevant family history information, as is the case under the United Kingdom’s moratorium. ix

26. While this moratorium is in place, the HGSA advocates for close liaison between regulators, the insurance industry, and the genetics profession to more accurately interpret genetic information and its implications (including the potential for risk-mitigating interventions) when calculating the overall health risk for individuals.

27. The HGSA encourages insurers to continue to review actuarial modelling of the impact of predictable genetic conditions. The HGSA wishes to promote trust and confidence between genetic health professionals and insurers and encourages the industry to seek statistical molecular and epidemiological information from geneticists and bioinformaticians who have relevant expertise.

28. In calling for a moratorium, the HGSA acknowledges the concern that genetic information could potentially be used to engage in adverse selection against insurance companies. x However, the HGSA also notes that there is limited evidence to support this claim. xi Further, the HGSA asserts that the number of conditions to which adverse selection can currently apply is very small, with low population prevalence.

Counselling considerations

29. Any decision by a patient or consumer to undertake a genetic test should include time to consider the implications of having the test.

30. The HGSA encourages all genetic health professionals to understand the potential implications of genetic testing for individuals considering purchasing personal insurance products.

31. Genetic health professionals should raise the potential insurance implications of genetic information with those seeking genetic testing when, in their professional judgement, it is appropriate to do so. xii This may include (but is not limited to):
   a) For individuals with a family history of a genetic condition, family history alone is likely to impact an application for personal insurance products;
   b) Genetic testing can either confirm an individual’s family history, or return the individual to population-level risk;
   c) For individuals with no family history of a genetic condition, there is a possibility that testing may reveal a previously unknown genetic variant, which may impact any applications for personal insurance products;
   d) Individuals have an obligation to disclose genetic test results to insurers when applying for life insurance products.

32. Companies based in Australia offering ‘onshore’ genetic testing directly to consumers should also ensure that potential insurance implications, such as those outlined in [31], are clearly explained to consumers as part of the information provided with the test.
References:


vi The Education, Ethics and Social Issues Committee thanks Ms Jane Tiller for suggesting that Clause [12(f)] be included. The wording included here is based on her research into this issue. See Appendix 1 for a definition of ‘predictive’.


Appendix 1: Pathways to obtaining genetic information

<table>
<thead>
<tr>
<th>Genetic Test (individual with health concerns)</th>
<th>Genetic Test (healthy individual; whether through a health professional or direct to consumer)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Outcome (i): No finding made</strong></td>
<td><strong>Outcome (i): No finding made</strong></td>
</tr>
<tr>
<td>• Genetic explanation for existing phenotype not obtained</td>
<td>• Negative predictive test result</td>
</tr>
<tr>
<td>• May suggest a non-genetic aetiology, but remains uncertain</td>
<td>• May decrease risk relative to general population risk, i.e., negative carrier screening result, or reduced chance of an adverse drug reaction with pharmacogenomic testing</td>
</tr>
<tr>
<td>• Option of reanalysis in the future, including use of genome/exome sequencing tests</td>
<td>• In most scenarios, individual remains at population risk of developing particular genetic conditions</td>
</tr>
<tr>
<td><strong>Outcome (ii): Finding made</strong></td>
<td><strong>Outcome (ii): Finding made</strong></td>
</tr>
<tr>
<td>• Genetic finding associated with known phenotype</td>
<td>• Positive predictive test result</td>
</tr>
<tr>
<td>• Finding may be contributing to known phenotype (variably penetrant/variable expressivity/susceptibility loci)</td>
<td>• May increase risk relative to general population risk of developing a particular condition</td>
</tr>
<tr>
<td>• Incidental* finding not associated with known phenotype (currently clinically relevant or predictive)</td>
<td>• Finding may be contributing to known phenotype (variably penetrant/variable expressivity/susceptibility loci)</td>
</tr>
<tr>
<td>• Finding/variant of unknown clinical significance (VUS)</td>
<td>• Incidental* finding not associated with known phenotype (currently clinically relevant or predictive)</td>
</tr>
<tr>
<td></td>
<td>• Finding/variant of unknown clinical significance</td>
</tr>
<tr>
<td></td>
<td>• Benign finding with reproductive implications (chromosomal translocations/rearrangements)</td>
</tr>
</tbody>
</table>

*‘Incidental’ in this context indicates that the finding was not expected nor deliberately searched for. Other terms used to describe these and similar findings are ‘additional’ or ‘secondary’ findings.

**A predictive test is a test that provides information about an individual's risk of developing a particular genetic condition in the future. Predictive testing is usually carried out in a clinical context.